

PROFESSIONAL DEVELOPMENT FOR EDUCATORS

## **Social & Emotional Difficulty Checklist** Informal Diagnostic Inventory

Student Nam	e: Date:
	Seems unaware of or unresponsive to others' moods
	Has difficulty identifying or responding to good-natured teasing or humor
	Exhibits flat affect (does not often smile or frown; speech mostly demonstrates lack of emotion)
	Shows an extreme lack of energy
	Does not respond to others' prompts (greetings, questions)
	Has difficulty making a friend or joining or maintaining a peer group
	Has trouble expressing feelings or over-expresses feelings
	Talks too much or too little
	Has difficulty with self-control when frustrated or angry
	Is prone to tantrums or violent outbursts
	Overreacts to stimuli
	Has trouble adjusting to the unexpected
	Avoids identifying personal strengths and challenges
	Lacks confidence
	Shows poor sense of self-efficacy
	Seems anxious about or fearful of school or schoolwork
	Complains of difficulties eating or sleeping, or with general health
	Makes negative comments about self or others

## Teacher Comments

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