Attention & Executive Function Difficulty Checklist Informal Diagnostic Inventory

Studer	nt's Name: Date:
	Easily loses focus on tasks when there are distractors
	Acts on impulse (does not stop to check answers or consider consequences of behavior)
	Makes mistakes in work despite knowledge or skill
	Has difficulty making transitions (to new schedules, to changed expectations)
	Has difficulty setting goals or making plans
	Has difficulty shifting from one task to another
	Resists shifting strategies to accomplish a task
	Has difficulty evaluating progress toward a goal
	Often performs tasks too quickly or too slowly
	Has difficulty initiating or completing required tasks
	Has difficulty sustaining focus or effort on required tasks
	Performs very inconsistently across subjects and tasks, and day-to-day
	Becomes easily frustrated or angered
	Gives up easily when challenged
	Tends to lose belongings
	Often forgets materials
	Avoids or dislikes certain tasks that require significant effort (procrastinates, makes excuses)
	Has difficulty sitting still (fidgets, taps, makes noises)
	Does not follow directions completely
	Frequently interrupts in conversations

Teacher Comments: